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It's a New Year try a new look



New Years Eve tips from Charles Ifergan Salon



New Year's Eve makeup looks!



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As seen on ABC 7 products to protect your skin for winter

January 17th, 2011 11:03 pm CT



Products and remedies to protect against damage when traveling to a hot or cold destination in the winter.
Photo: ABC Channel 7 News

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The winter can be a beautiful time, but not for our skin, hair, and body. In fact- it is a monstrous time which causes plenty of problems for our skin. I recently had the wonderful opportunity to appear on Chicago's ABC 7 News to discuss products and remedies to protect our skin when traveling in the winter to a hot or cold destination. Here are some key points which were discussed:

new grey coverage

- The whys and physiology of massage therapy
- Add some shine to your hair
- Client appreciation
- Microdermabrasion: a nonaggressive way to remove dead skin cells

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When traveling to a warm location during the winter, remember the following;

- *Switch from any heavy products (cleansers, moisturizers, etc) to light and gentle products which will keep your skin moisturized.* I recommend [Koh Gen Do Cleansing Spa Water Cloths](#). With no need to rinse these cloths remove waterproof ingredients in your makeup and suntan products! So easy to use and great for travel. I also recommend [Aveeno's Positively Radiant Daily Moisturizer](#). It a light, oil-free product with an SPF of 30 included to protect you from the sun, also very affordable and located at local drugstores!
- *Do not sacrifice SPF for your makeup or vice versa!* Instead use a foundation *with* SPF! Two in one products are great for travel! I recommend [Dermablend Smooth Indulgence Foundation](#), or for a heavier consistency my favorite is [MAC Studio Sculpt](#).

When traveling on an active winter vacation (skiing, snowboarding, bobsledding- whatever you kids are into...) keep these tips in mind;

- *Always protect yourself with sweat resistant SPF, even if physically covered!* The reflection of sun off the snow can cause DISASTROUS burns. Nobody wants to look like a first time skier... take precaution! Try [Australian Gold's Sheer Coverage with Fine Finish Technology](#). It will keep up with on the slopes and save you from an embarrassing burnt skin fiasco...
- *Heal that damaged skin!* With [Dermologica's After Sun Repair](#), any burned, chapped, or dry skin you received on the slopes will be soothed, calmed, and moisturized! This treatment balm is simply amazing and your skin will thank you for it.