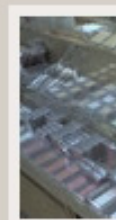




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## Beauty resolution: never go to sleep wearing makeup

January 11th, 2011 8:59 pm ET



Too tired to wash your face at night? These wipes quickly remove makeup. Photo: Comodynes

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### Beauty Resolution: Remove makeup before going to sleep at night.

Wear pajamas, yes (OK, sometimes), but makeup, no. Here's what wearing makeup to bed at night will do—stain bed linens and pillows, clog pores, leading to blackheads and pimples, and skin will not properly breathe and regenerate. Eyeshadow, mascara and eye liner particles

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can get into the eyes and cause eye irritation, infections and even injuries.

For quick cleaning, with toning and moisturizing benefits, try makeup remover towelettes like **Make-up Designory (MUD) Make-up Remover Towelettes**. \$18 for 40 wipes. Mudshop, 375 W. Broadway #202. 212-925-9250.

**Comodynes Make-Up Remover Towelettes** are available in formulations for normal skin, sensitive and dry skin, and combination and oily skin. 20 towelettes, \$6.25. Comodynes.net.

For resistant makeup, **Dermablend Long Wear Makeup Remover** gently removes long lasting and waterproof makeup, and can be used by contact lens wearers and those with sensitive skin. \$21. For more information visit Dermablend.com.

**Aubrey Organics Herbessence Makeup Remover** is suitable for all skin types and safe to use around the eyes. A blend of herbal oils like sweet almond oil, organic avocado oil and evening primrose oil gently dissolves makeup and prepares skin for cleansing. \$6.95. Aubrey Organics can be found at Whole Foods, the Vitamin Shoppe and other health food and drug stores in NYC. Visit Aubrey-organics.com for more information and store locations.